

# EUPHORIA

GOLF & LIFESTYLE ESTATE

## Spa Pricelist



# The Paradise Spot

EUPHORIA GOLF & LIFESTYLE ESTATE WARMLY WELCOMES YOU TO OUR SPA. WE TRUST THAT YOU WILL ENJOY YOUR EXPERIENCE WITH US.

## FOR BOOKINGS AND RESERVATIONS:

Modimolle, Mookgopong, 0560

Tel: +27 14 743 5000

Email: [info@euphoriahydro.co.za](mailto:info@euphoriahydro.co.za)

[www.euphoriaestate.co.za](http://www.euphoriaestate.co.za)

## OPERATING HOURS:

Mon – Thurs: 08:00 – 17:00

Fri & Sat: 08:00 – 20:00

Sunday : 08:00 – 17:00

**EUPHORIA**  
GOLF & LIFESTYLE ESTATE



# Africology facials



## **AFRICOLOGY EXPRESS FACIAL**

**45 min**      **R400**

For the executive on the go, this facial rejuvenates the skin and relaxes you without putting a dent in your schedule. Our pure, natural ingredients feed the skin and return the youthful glow often dulled by stress.

## **REPAIR FACIAL**

**60 min**      **R450**

This wonderfully deep-cleansing and repairing facial naturally stimulates the glycosaminoglycan and collagen synthesis, Padinami® restores the elasticity in the skin and makes it look younger. The skin is plumper, firmer, and revitalised. This way, working to balance or maintain the skin's natural, healthy radiance. For greater defence against external elements, restores moisture and firmness to dermis.

## **DEEP CLEANSE FACIAL**

**60 min**      **R500**

A deep cleanse can leave the skin looking refreshed and more youthful. By using our gentle Exfoliating Cream and hot mittens, we purify the skin without the long-term damage usually caused by steaming and harsh exfoliators. An exfoliation with massage that stimulates and uplifts tired and dull skin, and clears problematic skin.

## **REBALANCING & REFINING FACIAL**

**75 min**      **R500**

For a non-reactive calmer skin, this facial helps to brighten your complexion with a combination of alpha hydroxy acids and vitamin C and B complexes. You will recognise fresh lemon and rosemary with their promise of a clearer, brighter result, working in concert to clear clogged pores and encourage the production of elastin to refine and retexture uneven skin. By not stripping the skin of excessive oil, we treat it in order to allow the skin to balance itself naturally, making this facial safe for the most sensitive and reactive of skins.

## **ANTI-OXIDANT REJUVENATING FACIAL (ANTI-AGEING)**

**75 min**      **R550**

An anti-aging treatment designed to combat the effects and signs of aging. The unique layering process tones, soothes and brightens the skin, revitalising in the long term while providing an immediate, healthy glow. By combating free-radicals and boosting collagen, it has an immediate toning and smoothing effect on the skin, plumping fine lines and reducing pigmentation and inflammation with Vitamin C.

## **VITAMIN BOOST FACIAL**

**75 min**      **R500**

This uplifting facial uses a rich vitamin and mineral cocktail to replenish the skin, boost your immune system and energise the skin. Vitamin C stimulates collagen production, while vitamin A, E, and B complexes restore and strengthen your skin naturally. Great for tired, stressed or run down skin, leaving you revitalized.

## **ALOE FEROX FIRING FACIAL (ANTI-AGEING)**

**75 min**      **R550**

Africology's answer to Botox! To create youthful, resilient and buoyant skin, Aloe Ferox helps to calm, lift and firm naturally by encouraging fibroblast growth and repair. Blended with a potent combination of healing honey, tripeptides, and retinal palmitate (vitamin A) to stimulate collagen and elastin growth, creating a rejuvenating, youthful appearance.

## **AFRICAN GODDESS (ANTI-AGEING)**

**90 min**      **R750**

Begun with the mentally relaxing notes created by a Tibetan singing bowl, the African Goddess facial is a treatment designed to honour the goddess within. Our de-stressing, anti-aging, cell-renewal facial is rich in natural oils. Deeply hydrating, it restores elasticity and stimulates new cell growth.



# Body Treatments & Massages



## MAJESTIC AWAKENING BACK, NECK & SHOULDERS

**45 min R400**

Neck, shoulders and scalp Easy-melting Shea from Ghana creates a sublime, beautiful body experience. Once applied to the skin melts deeply into the upper layers of the dermis to hydrate, soothe and condition. The shea is combined with your sensory selection of exotic jasmine, neroli and geranium, or black pepper and rosemary for a deep tissue treatment, or calming chamomile to relax. The treatment begins where your neck, shoulders and scalp are deeply massaged, dissipating tension and stress through touch and aromatherapy.

## BESPOKE INTUITIVE HERBAL OIL MASSAGE

**BNS: 30 min R300 FULL: 60 min R450**

You may choose from a range of Africology aromatherapy-infused massage oils, which are warmly applied and massaged deeply onto the body. This therapy works on tight muscles and lymph drainage, combating tension in stiff aching bodies. Massage is combined with herbal bags to improve circulation and absorption of essential oils. Your therapist will assist you in choosing the oil best suited for you from one of the following blends: Relaxing, Slimming Detox, Muscle Relaxing and Energising.

## HEATED HERBAL STONE MASSAGE

**BNS: 30 min R300 BNS: 45 min R400 FULL: 90 min R700**

While providing additional deep tissue pressure, the stones infuse muscles with warmth while breaking up knots of tension. Our chosen massage medium is marula oil, which creates a hydrating and protective barrier while infusing the skin with powerful antioxidants and essential fatty oils. Not suitable for pregnant women. Not advised for summer.

## INDIAN HEAD MASSAGE

30 min R300

## SHEA AROMATHERAPEUTIC MASSAGE

BNS: 30 min R300 BNS: 45 min R400 FULL: 90 min R600

Easy-melting Shea from Ghana blended with healing African potato, rooibos and natural essential oils creates a sublime, beautiful body experience. Shea, normally as hard as rock, once applied to the skin melts deeply into the upper layers of the dermis to hydrate, soothe and condition. The Shea is combined with your sensory selection of various essential oils such as exotic jasmine, neroli, or chamomile for a soothing and calming massage or perhaps Black Pepper Balm for a deep tissue experience.

## BALANCING SCALP & LEG MASSAGE

45 min R450

A balancing massage treatment helping to relax, relieve tension in the scalp, legs and feet as well as working on calming and relaxing pressure points to help restore energy balance. This treatment works on the head, legs (including wrap) and feet individually but as a whole helps to relax and relieve tension in areas that are often neglected.

## SOUL OF AFRICA BODY JOURNEY

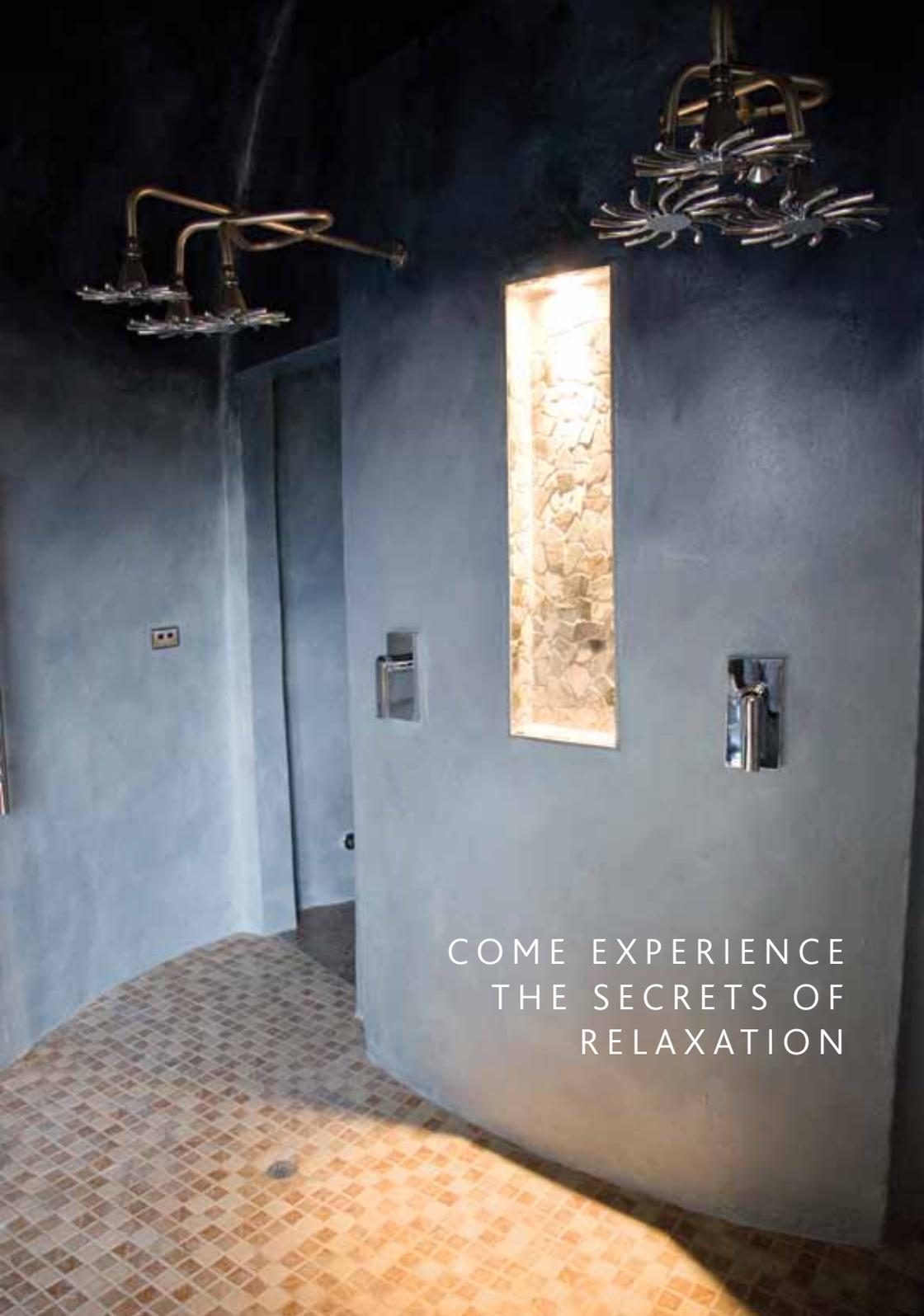
90 min R800

Africology admires and emulates this ceremonial process, using Africa's miracle Marula oil blended with Neroli to soften signs of ageing through its anti-stress action. This treatment begins with a back exfoliation followed by an application of warm, soothing mud to release tension stored in the muscles, whilst assisting the elimination of toxins in the body. Marula oil is then applied in preparation for your intuitive full body massage. In Africa, Marula is also used to treat sun-damaged skin as it improves skin hydration and helps fight free radicals.

## BODY EXFOLIATION

45 min R400

Your body has an innate natural rhythm which we often forget. At Africology, we work with this natural rhythm in assisting the body to renew itself. Our carefully selected Marula and Walnut micro particles, enveloped by hydrating Shea butter from Ghana, ensures that your skin cells are evenly exfoliated whilst receiving maximum nutrition for new beginnings.



COME EXPERIENCE  
THE SECRETS OF  
RELAXATION

# Body Wraps



## **ROOIBOS AND LAVENDER CLAY®**

120 min      R1200

Great for skin conditions such as eczema, rashes, sunburn, and swelling. Our combination of plant oils and extracts leave the skin feeling smooth and refined while stimulating blood and lymphatic flow.

## **IMMUNE BOOSTING CLAY**

120 min      R1200

Not suitable for pregnant clients. Our vitamin and mineral cocktail is enriched with plant extracts to promote a healthy immune system and is applied as a mud wrap and left to set on the body to stimulate lymph, collagen and toxin elimination.

## **SLIMMING DETOX BODY WRAP**

120 min      R1200

Not suitable for pregnant clients. We use an African plant combination infused into a natural mud to help with circulation and lymph. This very effective clay contains l-carnitine and caffeine, which act as fat strippers and mobilisers to stimulate lipolysis. This invigorating wrap begins with stimulating and exfoliating, working on circulation and lymph before the warm wrap is applied and heated. This wrap works particularly well for bodies in need of a detox owing to acidic conditions, arthritis and oedema. Completed with a circulatory massage and energy balancing.

## **AFRICAN POTATO BODY EXPERIENCE®**

120 min      R1200

Our pure and natural Hypoxis Body Wrap is formulated with African potato and marula oil, warmly applied to soften, soothe and improve skin hydration while also fighting free radical damage. This herbal blend relaxes you on application, while the rich background sounds of Africa help the mind focus on the holistic experience. Enjoy a traditional foot ritual and deeply relaxing scalp massage while the wrap is melted into the skin. Finally, there is a soothing massage with body-conditioning marula oil, which creates a natural barrier to hold in moisture and improve collagen and elastin, to complete the experience

## **COFFEE AND MINT BODY WRAP**

120 min      R1200

Suitable for pregnant women, and clients with high blood pressure. Once the body has been prepared with our walnut and marula shell exfoliator, our proven combination of coffee extract combined with spearmint is applied as a mud wrap, which sets on the body to stimulate lymph drainage and blood flow together with toxin elimination. This wrap is particularly helpful in water retention and cellulite reduction. It is highly recommended as part of a Lymph Draining Treatment.

# Hydro Therapy



## SAUNA THERAPY

10-20 min R150

Relieves stress, relaxes muscles, flushes toxins, cleanses skin, induces sleep, improves cardiovascular performance and burns calories. To enhance the benefits of your sauna, combine your treatment with a massage of your choice.

## HYDRO-BATH (FLOTATION POOL)

30 min R150

A water massage that improves circulation, removes lactic acid from the muscular system; most beneficial in assisting the body in its own healing process. The improved circulation throughout the body helps to deliver oxygen and other important nutrients to the cells throughout the body. A gentle relaxing way of alleviating tension, and regulating endorphins; most valuable when combined with a Sauna treatment.

## JACUZZI

30 min R200

A water massage that improves circulation, removes lactic acid from the muscular system; most beneficial in assisting the body in its own healing process. The improved circulation throughout the body helps to deliver oxygen and other important nutrients to the cells throughout the body.

Join with your friends and add a bottle of bubbly. Maximum 6 pax

## **STEAM THERAPY**

**10-20 min    R150**

The heat and moisture combination in steam rooms offer a relaxing atmosphere. Stress is a part of our daily lives and can lead to high blood pressure, migraines, headaches and heart problems. Steam rooms help calm your mind and lower stress levels. Overworked muscles and joints can benefit from time in a steam room. Heat dilates blood vessels, which in turn improves circulation. Blood carries oxygen and other nutrients to the site of pain and helps the healing process.

## **AROMA-STEAM THERAPY**

**10-20 min    R150**

Sinusitis is effectively relieved in an Africology steam therapy session.

Also, beneficial for respiratory problems; Bronchitis and sinusitis are cleared with our all African herbal application. It also assists in loosening phlegm in the lungs and loosening mucous in the nose.

## **RASUL THERAPY**

**20 /30 mins    R280**

Originally of ancient Middle Eastern beginnings, our Rasul experience is adapted to the traditional healer's approach to applying earth mud to the skin to heal and protect. A selection of natural mineral mud is applied to the face and body. Our detox mud helps revive the tissue and has a stimulating effect on the lymph flow. Rooibos and lavender, an all-natural anti-oxidant, is most beneficial for its purifying effect. A divine experience where heat from steam and gentle rain brings balance to body, mind and allows one to deeply connect with the essence of who we are once again. For complete relaxation and for maximum benefit, finish your Rasul session with a full body massage.



# Hands & Feet

African Potato Deluxe Spa Manicure

**60 min R325**

African Potato Deluxe Spa Pedicure

**60 min R420**

Infinite Shine Manicure

**60 min R370**

Infinite Shine Pedicure

**60 min R400**

O.P.I Gel Manicure

**90 min R395**

O.P.I Gel Pedicure

**90 min R425**

Gel Application Only

**45 min R240**

Soak Off

**30 min R150**

Foot Massage

**30 min R250**

Paraffin Dip Hand or Feet

**30 min R180**



# Grooming

Brow/Chin/ Lip wax

**15 min R70**

Under Arm wax

**15 min R100**

Bikini wax

**30 min R120**

Half Arm wax

**20 min R140**

Full Arm wax

**30 min R195**

Half Leg wax

**30 min R185**

Full Leg wax

**45 min R260**

Brow Shape

**25 min R50**

Eyelash/ Brow Tint

**25 min R95**



# Packages

*Packages are priced per person. 50% deposit policy in place. Prices subject to change without notice*



## ULTIMATE EUPHORIA EXPERIENCE FULL DAY PACKAGE

**6 ½ hrs**      **R3000**

Welcome drink on arrival

Includes a light breakfast & Lunch

Vitamin Boost Facial

Deluxe African Potato Manicure & Pedicure

Full Body Exfoliation &

Full Body Massage

Aroma Steam Therapy

Rooibos & Lavender Body Wrap

## ULTIMATE EUPHORIA EXPERIENCE HALF DAY PACKAGE

**3 ½ hrs**      **R1500**

Welcome drink on arrival

Includes a light breakfast OR Lunch

Africology Repair Facial

Infinite Shine Manicure & Pedicure

Shea Aromatherapy Back Neck & Shoulder  
Massage

## COUPLES RETREAT

**2 ½ hrs**      **R1270 per person**      **R2600 per couple**

Welcome Drink on arrival

30 Min Jacuzzi & Champagne

Fruit Platter

Full Body scrub

Full Body Massage

Indian Head Massage

## LOVERS DEVINE PACKAGE

**2 hrs**      **R960 per person**      **R1800 per couple**

Welcome Drink on arrival

30 Min Jacuzzi & Champagne

Fruit & Cheese Platter

Rasul Treatment

Full Body Massage

## BEST FRIENDS PACKAGE

**4 hrs**      **R1460 per person**      **R2400 per couple**

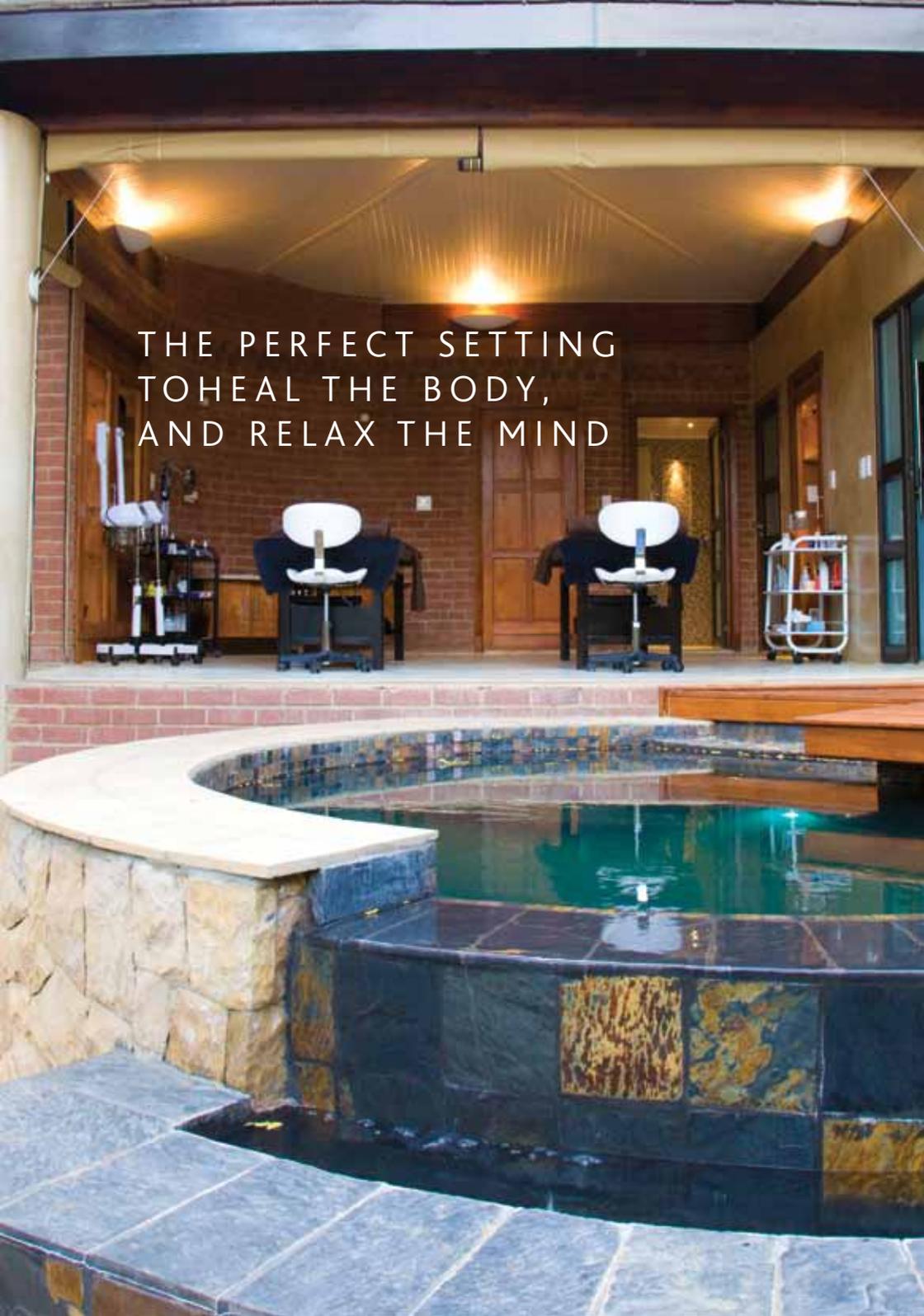
Welcome Drink on arrival

Light Breakfast / Lunch

African Potato Manicure and Pedicure

Africology Repair Facial

Shea Aromatherapy Back Neck & Shoulders  
Massage



THE PERFECT SETTING  
TO HEAL THE BODY,  
AND RELAX THE MIND

# Kids Spa

WE USE A COMBINATION OF FRESH PRODUCE AND SPA PRODUCTS TO ENSURE YOUR CHILD'S SKIN IS TREATED IN A BESPOKE WAY.



## HONEY BEE AFTER SUN COCOON

No More Sun Sting. Face and full body massage

35min R350

## CHOCO BOO

Hand and Foot treatment

30min R250

## FAIRY STONE MASSAGE

Hot stone full body massage

45min R370

## SLEEPY FEET

For Over Active Children

20min R225

## LITTLE BEE FACIAL

Relaxing hydrating facial

20 mins R250

## COCONUT COCOON

Relaxing body massage

45 mins R380

Only applicable for children between the ages of 7 - 12.

To be accompanied by an adult.



# Spa Etiquette

WE TRUST THAT YOU WILL ENJOY YOUR EXPERIENCE WITH US. PLEASE TAKE NOTE OF THE FOLLOWING:

## **PRICES**

All our prices are subject to change without notice. Payments can be made in either cash or credit cards. No cheques will be accepted.

## **CHILDREN**

Children need to be accompanied by an adult up to the age of 12.

## **CONTRA-INDICATIONS**

Please inform your therapist if any of the following conditions apply to you:

- High blood pressure or heart conditions
- Recent surgery
- Muscle or joint injuries
- Any product or nut allergies
- Pregnancy
- Epilepsy or diabetes

## **MOBILE PHONES**

Please ensure mobile phones are switched off during treatments.

## **PUNCTUALITY**

Please arrive at least fifteen minutes before an appointment. Should you arrive after your scheduled time, your treatment time will either be reduced or cancelled. The original price for the treatment will be charged regardless of duration.

## **CANCELLATION POLICY**

If you need to cancel an appointment, please provide us with at least 24 hours' notice, or the full cost of the appointment will be charged.

## **INDEMNITY**

Euphoria Golf & Lifestyle Estate, the spa and its therapists cannot accept responsibility for injuries, adverse reactions or complications before, during or after treatments, or for theft, damage, loss or accident that occurs on the premises.

## **LUNCH**

Lunch can be ordered from the Spa A la Carté Menu

## **GIFT VOUCHERS AVAILABLE**

A gift voucher from the Spa is the perfect gift. Speak to one of our staff members in order to buy a personalised voucher.

NB: Gift vouchers are not transferable and have an expiry date, gift vouchers must be presented at the time of the appointment in order to be honored.

Electronic gift vouchers are also available.



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